



Training
Eidt 7.7.2024
O.L.G. St. Vith ARDOC

Sylvia HENNES

O.L.G. St. Vith ARDOC

Omloop : D:BAHN B

Afstand : 4100m

Tijd : 1:01:19 (14'57"/km)

3/6

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Daniela MAUSEN | 0:42:14 |
| 2. Maria HENKES | 0:46:58 |

1.	107	00:04:18		374m	11'30"/km
2.	102	00:05:15	00:09:33	415m	12'39"/km
3.	116	00:03:47	00:13:20	193m	19'36"/km
4.	108	00:04:42	00:18:02	390m	12'03"/km
5.	115	00:05:07	00:23:09	293m	17'28"/km
6.	117	00:08:56	00:32:05	314m	28'27"/km
7.	113	00:02:37	00:34:42	201m	13'01"/km
8.	222	00:04:33	00:39:15	261m	17'26"/km
9.	112	00:03:13	00:42:28	259m	12'25"/km
10.	110	00:05:13	00:47:41	442m	11'48"/km
11.	111	00:03:02	00:50:43	257m	11'48"/km
12.	118	00:05:04	00:55:47	361m	14'02"/km
13.	120	00:05:32	01:01:19	328m	16'52"/km

HELGA

Orienteering Software