



Treinamento ESA e EsLog

Faz Sobrado 5.7.2024

CDE

William Amaral

ESA

Course : H21E

Distance : 9200m (Climbing 275m)

Time : 2:54:15,460 (18'56"/km)

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O.K.

[Full result on Webres](#)

1. Burjack	2:12:34,160
2. Pablo Furtado	2:18:33,277
3. Hercules	2:32:07,433

1.	56	00:02:21		399m	5'53"/km
2.	73	00:08:06	00:10:27	487m	16'38"/km
3.	88	00:01:31	00:11:58	142m	10'41"/km
4.	74	00:07:14	00:19:12	456m	15'52"/km
5.	75	00:06:52	00:26:04	344m	19'58"/km
6.	76	00:05:14	00:31:18	412m	12'42"/km
7.	77	00:17:33	00:48:51	1164m	15'05"/km
8.	78	00:13:54	01:02:45	561m	24'47"/km
9.	79	00:05:15	01:08:00	351m	14'57"/km
10.	92	00:03:17	01:11:17	320m	10'16"/km
11.	80	00:02:14	01:13:31	171m	13'04"/km
12.	79	00:03:31	01:17:02	320m	10'59"/km
13.	87	00:07:07	01:24:09	382m	18'38"/km
14.	84	00:04:53	01:29:02	178m	27'26"/km
15.	93	00:03:35	01:32:37	206m	17'24"/km
16.	79	00:02:01	01:34:38	215m	9'23"/km
17.	95	00:03:05	01:37:43	311m	9'55"/km
18.	82	00:22:08	01:59:51	698m	31'43"/km
19.	94	00:21:01	02:20:52	79m	266'02"/km
20.	83	00:04:27	02:25:19	124m	35'53"/km
21.	85	00:14:00	02:39:19	784m	17'51"/km
22.	81	00:12:21	02:51:40	375m	32'56"/km
23.	90	00:02:27	02:54:07	222m	11'02"/km
24.	91	00:04:09	02:58:16	410m	10'07"/km
25.	999	00:00:41	02:58:57	114m	6'00"/km

Orienteering Software