



Percurso Médio ESA e EsLog - Treinamento ESA e EsLog

Faz Sobrado 4.7.2024

CDE

Gian Elias

ESA

Strecke : M:01

Länge : 4500m (Steigung 240m)

--/24

nicht klassiert

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------|-------------|
| 1. Madureira | 1:02:13,355 |
| 2. Victor Silva | 1:06:41,523 |
| 3. Hercules | 1:12:24,789 |

1.	74	00:07:06		214m	33'11"/km
2.	75	00:06:14	00:13:20	194m	32'08"/km
3.	79	00:05:51	00:19:11	190m	30'47"/km
4.	76	00:12:07	00:31:18	92m	131'42"/km
5.	88	00:02:38	00:33:56	151m	17'26"/km
6.	56	00:01:12	00:35:08	91m	13'11"/km
7.	78	00:05:08	00:40:16	325m	15'48"/km
8.	90	00:06:36	00:46:52	282m	23'24"/km
9.	91	00:12:06	00:58:58	293m	41'18"/km
10.	95	00:05:12	01:04:10	192m	27'05"/km
11.	84	00:12:06	01:16:16	361m	33'31"/km
12.	94	00:03:13	01:19:29	116m	27'44"/km
13.	93	00:03:12	01:22:41	170m	18'49"/km
14.	92	00:04:39	01:27:20	170m	27'21"/km
15.	84	00:06:45	01:34:05	169m	39'56"/km
16.	83	00:21:27	01:55:32	240m	89'23"/km
17.	82	00:04:09	01:59:41	127m	32'41"/km
18.	84	00:03:40	02:03:21	227m	16'09"/km
19.	85	00:04:53	02:08:14	165m	29'36"/km
20.	96	00:03:42	02:11:56	220m	16'49"/km

Orienteering Software