



Percurso Médio ESA e EsLog - Treinamento ESA e EsLog
Faz Sobrado 4.7.2024
CDE

De Paiva

ESA

Course : M:01

Distance : 4500m (Climbing 240m)

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not classified

[Full result on Webres](#)

- | | |
|-----------------|-------------|
| 1. Madureira | 1:02:13,355 |
| 2. Victor Silva | 1:06:41,523 |
| 3. Hercules | 1:12:24,789 |

1.	74	00:03:45		214m	17'31"/km
2.	75	00:04:02	00:07:47	194m	20'47"/km
3.	79	00:03:18	00:11:05	190m	17'22"/km
4.	76	00:01:40	00:12:45	92m	18'07"/km
5.	88	00:02:00	00:14:45	151m	13'15"/km
6.	56	00:02:59	00:17:44	91m	32'47"/km
7.	78	00:04:36	00:22:20	325m	14'09"/km
8.	90	00:03:31	00:25:51	282m	12'28"/km
9.	91	00:05:11	00:31:02	293m	17'41"/km
10.	95	00:03:33	00:34:35	192m	18'29"/km
11.	84	00:06:15	00:40:50	361m	17'19"/km
12.	82	00:02:48	00:43:38	227m	12'20"/km
13.	84	00:02:17	00:45:55	227m	10'04"/km
14.	94	00:02:06	00:48:01	116m	18'06"/km
15.	93	00:10:07	00:58:08	170m	59'31"/km
16.	92	00:04:15	01:02:23	170m	25'00"/km
17.	84	00:02:42	01:05:05	169m	15'59"/km
18.	85	00:02:06	01:07:11	165m	12'44"/km
19.	96	00:02:39	01:09:50	220m	12'03"/km
20.	74	00:03:15	01:13:05	221m	14'42"/km
21.	87	00:03:13	01:16:18	203m	15'51"/km
22.	999	00:00:35	01:16:53	79m	7'23"/km

Orienteering Software