

AOS #7 Sint Anna

Linkeroever 4.7.2024

Antwerp Orienteers

Jan VAN DER ELST

Omega

Percorso : H:Lang

Distancia : 5000m

Tempo : 0:35:45 (7'09"/km)

16/42

O.K.

[Resultados completos em Webres](#)

1. Corneel CASIER	0:24:00
2. Joel LEISTRA	0:29:19
3. Lok Hin MA	0:29:56

1.	32	00:00:39		135m	4'49"/km
2.	33	00:01:12	00:01:51	76m	15'47"/km
3.	34	00:01:09	00:03:00	145m	7'56"/km
4.	35	00:00:00	00:03:00	82m	0'00"/km
5.	36	00:02:26	00:05:26	302m	8'03"/km
6.	37	00:01:18	00:06:44	94m	13'50"/km
7.	47	00:00:38	00:07:22	91m	6'58"/km
8.	39	00:00:27	00:07:49	42m	10'43"/km
9.	38	00:01:11	00:09:00	171m	6'55"/km
10.	40	00:01:52	00:10:52	139m	13'26"/km
11.	41	00:01:10	00:12:02	139m	8'24"/km
12.	42	00:00:38	00:12:40	48m	13'12"/km
13.	43	00:01:54	00:14:34	126m	15'05"/km
14.	44	00:05:22	00:19:56	594m	9'02"/km
15.	45	00:00:51	00:20:47	103m	8'15"/km
16.	46	00:03:56	00:24:43	588m	6'41"/km
17.	48	00:00:57	00:25:40	154m	6'10"/km
18.	49	00:00:37	00:26:17	72m	8'34"/km
19.	50	00:00:54	00:27:11	93m	9'41"/km
20.	51	00:00:35	00:27:46	90m	6'29"/km
21.	52	00:02:35	00:30:21	390m	6'37"/km
22.	31	00:01:18	00:31:39	190m	6'51"/km
23.	53	00:02:00	00:33:39	119m	16'48"/km
24.	54	00:01:27	00:35:06	261m	5'33"/km
25.	999	00:00:40	00:35:46	86m	7'45"/km

Orienteering Software