



Treinamento ESA e EsLog

Faz Sobrado 3.7.2024

CDE

De Paiva

ESA

Course : H21E

Distance : 4100m (Climbing 200m)

Time : 1:35:06,035 (23'12"/km)

23/27

O.K.

[Full result on Webres](#)

1. Jean Pretto	0:41:03,210
2. Renato	0:43:22,437
3. Hercules	1:02:33,332

1.	73	00:13:58		202m	69'09"/km
2.	74	00:04:07	00:18:05	186m	22'08"/km
3.	75	00:23:56	00:42:01	740m	32'21"/km
4.	76	00:12:37	00:54:38	222m	56'50"/km
5.	77	00:02:28	00:57:06	200m	12'20"/km
6.	80	00:02:51	00:59:57	179m	15'55"/km
7.	83	00:03:19	01:03:16	154m	21'32"/km
8.	82	00:01:42	01:04:58	121m	14'03"/km
9.	81	00:05:29	01:10:27	534m	10'16"/km
10.	84	00:00:51	01:11:18	111m	7'39"/km
11.	85	00:03:20	01:14:38	231m	14'26"/km
12.	88	00:10:45	01:25:23	468m	22'58"/km
13.	79	00:01:21	01:26:44	125m	10'48"/km
14.	90	00:01:32	01:28:16	142m	10'48"/km
15.	87	00:06:13	01:34:29	322m	19'18"/km
16.	999	00:00:37	01:35:06	133m	4'38"/km

Orienteering Software