



Treinamento ESA e EsLog

Faz Sobrado 3.7.2024

CDE

Borges Lima

ESA

Course : H21E

Distance : 4100m (Climbing 200m)

Time : 1:24:44,925 (20'40"/km)

19/27

O.K.

[Full result on Webres](#)

1. Jean Pretto	0:41:03,210
2. Renato	0:43:22,437
3. Hercules	1:02:33,332

1.	73	00:13:09		202m	65'06"/km
2.	74	00:02:12	00:15:21	186m	11'50"/km
3.	75	00:07:37	00:22:58	740m	10'18"/km
4.	76	00:03:13	00:26:11	222m	14'29"/km
5.	82	00:02:32	00:28:43		
6.	76	00:11:49	00:40:32		
7.	77	00:07:15	00:47:47	200m	36'15"/km
8.	80	00:01:34	00:49:21	179m	8'45"/km
9.	83	00:02:08	00:51:29	154m	13'51"/km
10.	82	00:01:26	00:52:55	121m	11'51"/km
11.	81	00:05:00	00:57:55	534m	9'22"/km
12.	84	00:01:12	00:59:07	111m	10'49"/km
13.	85	00:03:26	01:02:33	231m	14'52"/km
14.	88	00:11:25	01:13:58	468m	24'24"/km
15.	79	00:00:55	01:14:53	125m	7'20"/km
16.	90	00:01:50	01:16:43	142m	12'55"/km
17.	87	00:07:16	01:23:59	322m	22'34"/km
18.	999	00:00:45	01:24:44	133m	5'38"/km

Orienteering Software