



3 Days of Belgium 2024 - Day 3

Gaume 30.6.2024

ASUB

John ROWE

Fingal Orienteers (Ireland)

Omloop : H60

Afstand : 4900m (Hoogteverschil 100m)

Tijd : 1:53:34 (23'11"/km)

43/50

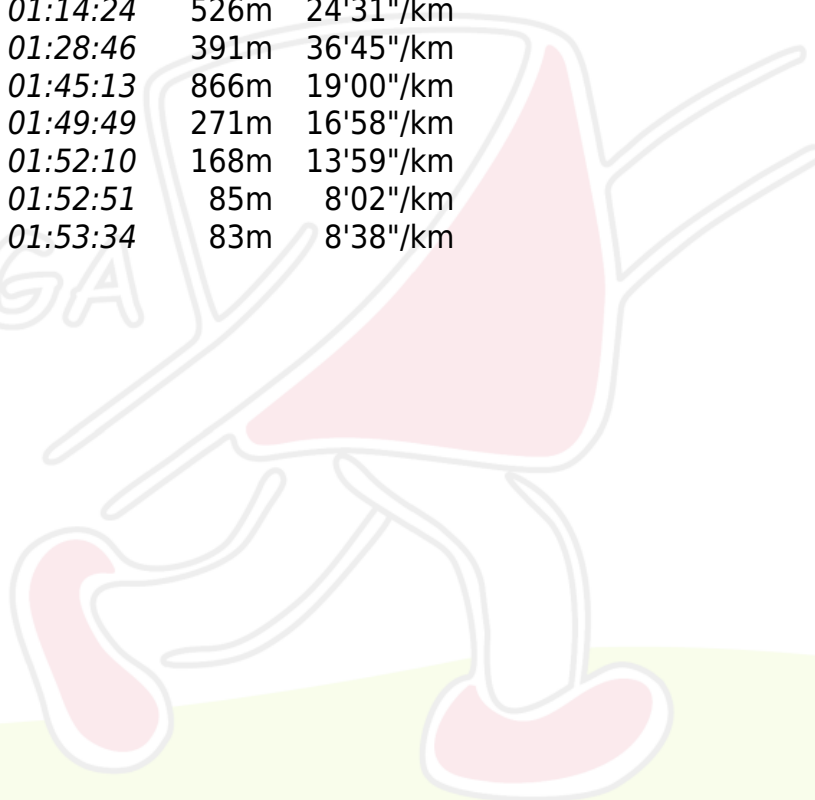
O.K.

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- | | |
|-------------------------|---------|
| 1. Bart VAN DE MOORTELE | 0:38:24 |
| 2. Wiet LAENEN | 0:39:00 |
| 3. Konstantin SMIRNOV | 0:40:35 |

1.	183	00:08:47		464m	18'56"/km
2.	190	00:17:36	00:26:23	651m	27'02"/km
3.	213	00:13:39	00:40:02	559m	24'25"/km
4.	212	00:01:03	00:41:05	74m	14'11"/km
5.	210	00:06:10	00:47:15	269m	22'55"/km
6.	209	00:11:39	00:58:54	377m	30'54"/km
7.	208	00:02:36	01:01:30	99m	26'16"/km
8.	204	00:12:54	01:14:24	526m	24'31"/km
9.	196	00:14:22	01:28:46	391m	36'45"/km
10.	253	00:16:27	01:45:13	866m	19'00"/km
11.	250	00:04:36	01:49:49	271m	16'58"/km
12.	222	00:02:21	01:52:10	168m	13'59"/km
13.	255	00:00:41	01:52:51	85m	8'02"/km
14.	999	00:00:43	01:53:34	83m	8'38"/km

HELGA



Orienteering Software