



3 Days of Belgium 2024 - Day 3

Gaume 30.6.2024

ASUB

Steinar BARMEN

IL Gular (Norway)

Course : H60

Distance : 4900m (Climbing 100m)

Time : 0:49:53 (10'11"/km)

18/50

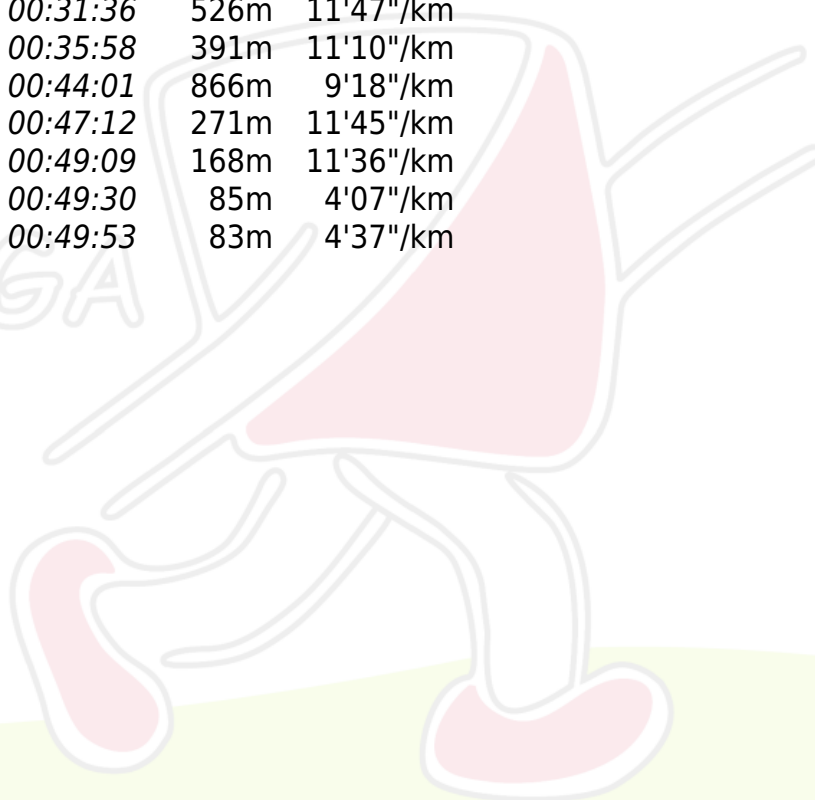
O.K.

[Full result on Webres](#)

- | | |
|-------------------------|---------|
| 1. Bart VAN DE MOORTELE | 0:38:24 |
| 2. Wiet LAENEN | 0:39:00 |
| 3. Konstantin SMIRNOV | 0:40:35 |

1.	183	00:04:16		464m	9'12"/km
2.	190	00:07:55	00:12:11	651m	12'10"/km
3.	213	00:05:35	00:17:46	559m	9'59"/km
4.	212	00:00:58	00:18:44	74m	13'04"/km
5.	210	00:02:33	00:21:17	269m	9'29"/km
6.	209	00:03:07	00:24:24	377m	8'16"/km
7.	208	00:01:00	00:25:24	99m	10'06"/km
8.	204	00:06:12	00:31:36	526m	11'47"/km
9.	196	00:04:22	00:35:58	391m	11'10"/km
10.	253	00:08:03	00:44:01	866m	9'18"/km
11.	250	00:03:11	00:47:12	271m	11'45"/km
12.	222	00:01:57	00:49:09	168m	11'36"/km
13.	255	00:00:21	00:49:30	85m	4'07"/km
14.	999	00:00:23	00:49:53	83m	4'37"/km

HELGA



Orienteering Software