



## 3 Days of Belgium 2024 - Day 3

Gaume 30.6.2024

ASUB

**Agnès PONCELET**

CO Liège

Course : D70

Distance : 3000m (Climbing 40m)

Time : 1:09:49 (23'16"/km)

**10/15**

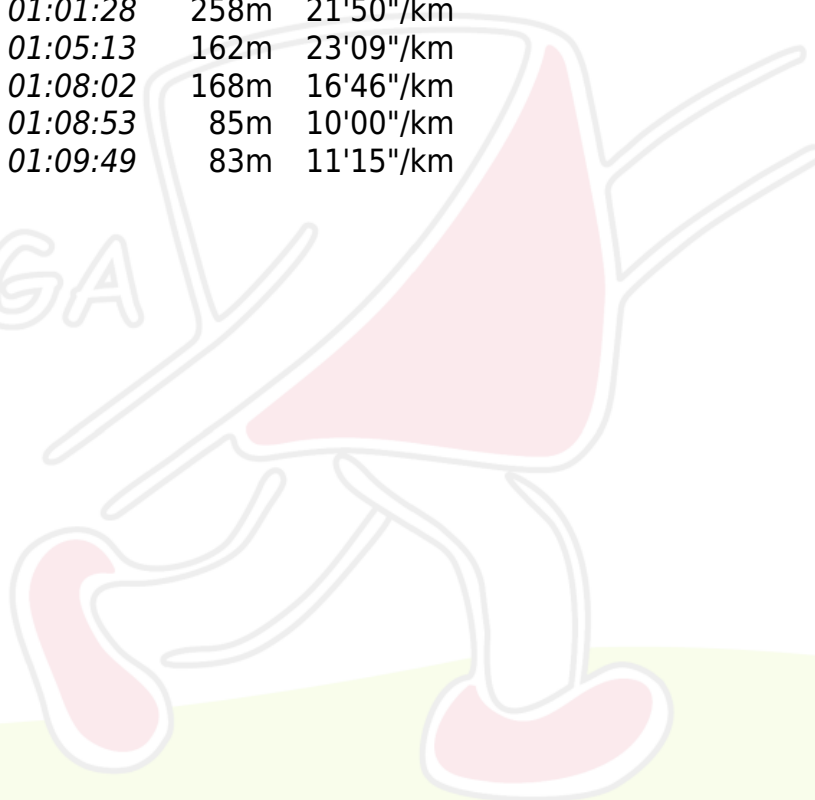
O.K.

[Full result on Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Stella LEWSLEY | 0:39:57 |
| 2. Monica ROELING | 0:45:09 |
| 3. Guyonne PETIT  | 0:45:54 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 218 | 00:06:50 |          | 382m | 17'53"/km |
| 2.  | 215 | 00:05:51 | 00:12:41 | 256m | 22'51"/km |
| 3.  | 195 | 00:07:29 | 00:20:10 | 341m | 21'57"/km |
| 4.  | 196 | 00:03:12 | 00:23:22 | 132m | 24'15"/km |
| 5.  | 214 | 00:07:04 | 00:30:26 | 291m | 24'17"/km |
| 6.  | 162 | 00:15:02 | 00:45:28 | 414m | 36'19"/km |
| 7.  | 253 | 00:10:22 | 00:55:50 | 389m | 26'39"/km |
| 8.  | 249 | 00:05:38 | 01:01:28 | 258m | 21'50"/km |
| 9.  | 250 | 00:03:45 | 01:05:13 | 162m | 23'09"/km |
| 10. | 222 | 00:02:49 | 01:08:02 | 168m | 16'46"/km |
| 11. | 255 | 00:00:51 | 01:08:53 | 85m  | 10'00"/km |
| 12. | 999 | 00:00:56 | 01:09:49 | 83m  | 11'15"/km |

HELGA



Orienteering Software