



3 Days of Belgium 2024 - Day 3

Gaume 30.6.2024

ASUB

Katja LAHM

CTG Koblenz (Germany)

Course : D55

Distance : 4900m (Climbing 100m)

Time : 1:43:37 (21'09"/km)

12/21

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Anne GODEL | 0:51:43 |
| 2. Kristine FRITZ | 0:53:27 |
| 3. Jen LEONARD | 0:54:12 |

1.	183	00:08:06		464m	17'27"/km
2.	190	00:16:57	00:25:03	651m	26'02"/km
3.	213	00:09:57	00:35:00	559m	17'48"/km
4.	212	00:01:29	00:36:29	74m	20'03"/km
5.	210	00:11:25	00:47:54	269m	42'26"/km
6.	208	00:11:19	00:59:13		
7.	209	00:02:00	01:01:13	99m	20'12"/km
8.	208	00:01:15	01:02:28	99m	12'38"/km
9.	204	00:10:24	01:12:52	526m	19'46"/km
10.	196	00:07:46	01:20:38	391m	19'52"/km
11.	253	00:14:09	01:34:47	866m	16'20"/km
12.	250	00:05:27	01:40:14	271m	20'07"/km
13.	222	00:02:05	01:42:19	168m	12'24"/km
14.	255	00:00:36	01:42:55	85m	7'04"/km
15.	999	00:00:42	01:43:37	83m	8'26"/km

HELGA
Orienteering Software