



## 3 Days of Belgium 2024 - Day 3

Gaume 30.6.2024

ASUB

**Hélène GODENNE**

Hermathenae

Circuit : D35

Distance : 6700m (Dénivelé 150m)

Temps : 1:53:25 (16'56"/km)

4/8

O.K.

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|                        |         |
|------------------------|---------|
| 1. Miek FABRÉ          | 0:57:41 |
| 2. Jessica LIMPACH     | 1:04:04 |
| 3. Anne-Sophie RICHAUD | 1:11:49 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 182 | 00:06:56 |          | 403m | 17'12"/km |
| 2.  | 184 | 00:03:04 | 00:10:00 | 164m | 18'42"/km |
| 3.  | 186 | 00:04:15 | 00:14:15 | 247m | 17'12"/km |
| 4.  | 187 | 00:03:00 | 00:17:15 | 147m | 20'24"/km |
| 5.  | 190 | 00:08:21 | 00:25:36 | 469m | 17'48"/km |
| 6.  | 192 | 00:06:39 | 00:32:15 | 323m | 20'35"/km |
| 7.  | 200 | 00:05:16 | 00:37:31 | 341m | 15'27"/km |
| 8.  | 197 | 00:05:02 | 00:42:33 | 256m | 19'40"/km |
| 9.  | 171 | 00:07:52 | 00:50:25 | 506m | 15'33"/km |
| 10. | 170 | 00:01:55 | 00:52:20 | 105m | 18'15"/km |
| 11. | 172 | 00:03:57 | 00:56:17 | 238m | 16'36"/km |
| 12. | 174 | 00:07:49 | 01:04:06 | 363m | 21'32"/km |
| 13. | 203 | 00:06:13 | 01:10:19 | 299m | 20'47"/km |
| 14. | 209 | 00:06:07 | 01:16:26 | 406m | 15'04"/km |
| 15. | 219 | 00:09:01 | 01:25:27 | 609m | 14'48"/km |
| 16. | 213 | 00:06:16 | 01:31:43 | 312m | 20'05"/km |
| 17. | 215 | 00:03:36 | 01:35:19 | 208m | 17'18"/km |
| 18. | 216 | 00:03:46 | 01:39:05 | 243m | 15'30"/km |
| 19. | 253 | 00:04:20 | 01:43:25 | 284m | 15'15"/km |
| 20. | 249 | 00:03:13 | 01:46:38 | 258m | 12'28"/km |
| 21. | 250 | 00:03:33 | 01:50:11 | 162m | 21'55"/km |
| 22. | 222 | 00:02:15 | 01:52:26 | 168m | 13'24"/km |
| 23. | 255 | 00:00:31 | 01:52:57 | 85m  | 6'05"/km  |
| 24. | 999 | 00:00:28 | 01:53:25 | 83m  | 5'37"/km  |

Orienteering Software