



3 Days of Belgium 2024 - Day 1

Gaume 28.6.2024

ASUB

Mikael TJERNBERG

Tumba-Mälarhöjden OK (Sweden)

Course : H50

Distance : 4000m (Climbing 90m)

Time : 0:52:05 (13'01"/km)

23/34

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Alain MAZY | 0:28:54 |
| 2. Marc KERCKHOFS | 0:32:52 |
| 3. Joachim STAMER | 0:33:26 |

1.	193	00:10:44		1091m	9'50"/km
2.	206	00:02:03	00:12:47	167m	12'17"/km
3.	207	00:01:45	00:14:32	92m	19'01"/km
4.	194	00:02:09	00:16:41	138m	15'35"/km
5.	195	00:04:47	00:21:28	270m	17'43"/km
6.	208	00:06:01	00:27:29	385m	15'38"/km
7.	227	00:01:32	00:29:01	104m	14'45"/km
8.	235	00:06:41	00:35:42	437m	15'18"/km
9.	215	00:01:48	00:37:30	182m	9'53"/km
10.	233	00:02:23	00:39:53	221m	10'47"/km
11.	217	00:03:57	00:43:50	273m	14'28"/km
12.	218	00:04:55	00:48:45	299m	16'27"/km
13.	222	00:02:14	00:50:59	176m	12'41"/km
14.	255	00:00:38	00:51:37	83m	7'38"/km
15.	999	00:00:28	00:52:05	101m	4'37"/km

HELGA
Orienteering Software