



## 3 Days of Belgium 2024 - Day 1

Gaume 28.6.2024

ASUB

**Michel BASTIN**

O.L.G. St. Vith ARDOC

Circuit : H45

Distance : 4500m (Dénivelé 95m)

Temps : 0:30:13 (6'43"/km)

**1/23**

O.K.

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- |                     |         |
|---------------------|---------|
| 2. Stefan SCHÜPBACH | 0:30:53 |
| 3. Christian VOELLM | 0:35:18 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 207 | 00:06:57 |          | 1306m | 5'19"/km  |
| 2.  | 190 | 00:01:20 | 00:08:17 | 143m  | 9'19"/km  |
| 3.  | 191 | 00:04:41 | 00:12:58 | 572m  | 8'11"/km  |
| 4.  | 223 | 00:01:05 | 00:14:03 | 169m  | 6'25"/km  |
| 5.  | 195 | 00:01:45 | 00:15:48 | 346m  | 5'03"/km  |
| 6.  | 208 | 00:02:47 | 00:18:35 | 385m  | 7'14"/km  |
| 7.  | 219 | 00:01:17 | 00:19:52 | 185m  | 6'56"/km  |
| 8.  | 231 | 00:01:34 | 00:21:26 | 241m  | 6'30"/km  |
| 9.  | 216 | 00:00:47 | 00:22:13 | 127m  | 6'10"/km  |
| 10. | 239 | 00:03:31 | 00:25:44 | 335m  | 10'30"/km |
| 11. | 218 | 00:01:51 | 00:27:35 | 268m  | 6'54"/km  |
| 12. | 179 | 00:00:52 | 00:28:27 | 125m  | 6'56"/km  |
| 13. | 222 | 00:01:05 | 00:29:32 | 150m  | 7'13"/km  |
| 14. | 255 | 00:00:23 | 00:29:55 | 83m   | 4'37"/km  |
| 15. | 999 | 00:00:18 | 00:30:13 | 101m  | 2'58"/km  |

Orienteering Software