



## 3 Days of Belgium 2024 - Day 1

Gaume 28.6.2024

ASUB

**Nicole BLASCO**

Indiv.

Circuit : D75

Distance : 2200m (Dénivelé 35m)

Temps : 0:46:55 (21'20"/km)

3/9

O.K.

[Résultats complets sur Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Monique DEFFENSE | 0:37:04 |
| 2. Christa ZWIKKER  | 0:41:53 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 180 | 00:07:28 |          | 350m | 21'20"/km |
| 2.  | 169 | 00:02:50 | 00:10:18 | 110m | 25'45"/km |
| 3.  | 170 | 00:03:46 | 00:14:04 | 216m | 17'26"/km |
| 4.  | 167 | 00:04:11 | 00:18:15 | 153m | 27'21"/km |
| 5.  | 236 | 00:10:14 | 00:28:29 | 529m | 19'21"/km |
| 6.  | 217 | 00:07:57 | 00:36:26 | 229m | 34'43"/km |
| 7.  | 239 | 00:00:51 | 00:37:17 | 61m  | 13'56"/km |
| 8.  | 220 | 00:06:23 | 00:43:40 | 252m | 25'20"/km |
| 9.  | 222 | 00:01:59 | 00:45:39 | 119m | 16'40"/km |
| 10. | 255 | 00:00:43 | 00:46:22 | 83m  | 8'38"/km  |
| 11. | 999 | 00:00:33 | 00:46:55 | 101m | 5'27"/km  |

HELGA

Orienteering Software