



## 3 Days of Belgium 2024 - Day 1

Gaume 28.6.2024

ASUB

### Paulette POGU

5402GE SCAPA NANCY (France)

Course : D70

Distance : 2200m (Climbing 35m)

Time : 0:46:35 (21'10"/km)

5/15

O.K.

[Full result on Webres](#)

|    |                |         |
|----|----------------|---------|
| 1. | Guyonne PETIT  | 0:29:56 |
| 2. | Stella LEWSLEY | 0:30:22 |
| 3. | Monica ROELING | 0:42:22 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 180 | 00:05:47 |          | 350m | 16'31"/km |
| 2.  | 169 | 00:02:53 | 00:08:40 | 110m | 26'13"/km |
| 3.  | 170 | 00:04:13 | 00:12:53 | 216m | 19'31"/km |
| 4.  | 167 | 00:06:46 | 00:19:39 | 153m | 44'14"/km |
| 5.  | 236 | 00:10:43 | 00:30:22 | 529m | 20'16"/km |
| 6.  | 217 | 00:06:10 | 00:36:32 | 229m | 26'56"/km |
| 7.  | 239 | 00:01:14 | 00:37:46 | 61m  | 20'13"/km |
| 8.  | 220 | 00:05:01 | 00:42:47 | 252m | 19'54"/km |
| 9.  | 222 | 00:02:30 | 00:45:17 | 119m | 21'01"/km |
| 10. | 255 | 00:00:46 | 00:46:03 | 83m  | 9'14"/km  |
| 11. | 999 | 00:00:32 | 00:46:35 | 101m | 5'17"/km  |

HELGA

Orienteering Software