



## 3 Days of Belgium 2024 - Day 1

Gaume 28.6.2024

ASUB

**Ingrid MÜSSEN**

SUS Vehrte (Germany)

Percurso : D70

Distancia : 2200m (Desnivel 35m)

Tempo : 1:05:22 (29'43"/km)

**11/15**

O.K.

[Resultados completos em Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Guyonne PETIT  | 0:29:56 |
| 2. Stella LEWSLEY | 0:30:22 |
| 3. Monica ROELING | 0:42:22 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 180 | 00:06:05 |          | 350m | 17'23"/km |
| 2.  | 169 | 00:02:30 | 00:08:35 | 110m | 22'44"/km |
| 3.  | 170 | 00:09:08 | 00:17:43 | 216m | 42'17"/km |
| 4.  | 167 | 00:03:15 | 00:20:58 | 153m | 21'15"/km |
| 5.  | 236 | 00:23:41 | 00:44:39 | 529m | 44'46"/km |
| 6.  | 217 | 00:09:26 | 00:54:05 | 229m | 41'12"/km |
| 7.  | 239 | 00:00:40 | 00:54:45 | 61m  | 10'56"/km |
| 8.  | 242 | 00:05:54 | 01:00:39 |      |           |
| 9.  | 220 | 00:00:56 | 01:01:35 |      |           |
| 10. | 222 | 00:02:27 | 01:04:02 | 119m | 20'35"/km |
| 11. | 255 | 00:00:47 | 01:04:49 | 83m  | 9'26"/km  |
| 12. | 999 | 00:00:33 | 01:05:22 | 101m | 5'27"/km  |

HELGA

Orienteering Software