



## 3 Days of Belgium 2024 - Day 1

Gaume 28.6.2024

ASUB

**Isabelle BELANGER**

Pégase CO

Omloop : D40

Afstand : 4300m (Hoogteverschil 100m)

Tijd : 1:08:38 (15'58"/km)

**11/17**

O.K.

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|                    |         |
|--------------------|---------|
| 1. Agnès MERCIER   | 0:39:32 |
| 2. Kim GEYPEN      | 0:39:37 |
| 3. Helena PLUYMERS | 0:40:47 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 223 | 00:09:25 |          | 878m | 10'44"/km |
| 2.  | 206 | 00:06:10 | 00:15:35 | 453m | 13'37"/km |
| 3.  | 194 | 00:02:39 | 00:18:14 | 174m | 15'14"/km |
| 4.  | 195 | 00:05:06 | 00:23:20 | 270m | 18'53"/km |
| 5.  | 219 | 00:04:36 | 00:27:56 | 422m | 10'54"/km |
| 6.  | 227 | 00:02:04 | 00:30:00 | 105m | 19'41"/km |
| 7.  | 228 | 00:02:12 | 00:32:12 | 204m | 10'47"/km |
| 8.  | 215 | 00:06:16 | 00:38:28 | 362m | 17'19"/km |
| 9.  | 239 | 00:10:56 | 00:49:24 | 398m | 27'28"/km |
| 10. | 238 | 00:03:33 | 00:52:57 | 147m | 24'09"/km |
| 11. | 236 | 00:06:29 | 00:59:26 | 198m | 32'45"/km |
| 12. | 242 | 00:04:31 | 01:03:57 | 303m | 14'54"/km |
| 13. | 222 | 00:03:42 | 01:07:39 | 155m | 23'52"/km |
| 14. | 255 | 00:00:39 | 01:08:18 | 83m  | 7'50"/km  |
| 15. | 999 | 00:00:20 | 01:08:38 | 101m | 3'18"/km  |

Orienteering Software