



**Training MIL**  
**Helchteren 12.10.2012**  
**18 Bn Log**

**Anne-Marie DELANGHE**

ACOS Strat

Course : D:05

Distance : 4500m

Time : 1:16:45 (17'03"/km)

**7/13**

O.K.

[Full result on Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Sofie HEUNINCKX | 0:43:43 |
| 2. Liset HENDRICKX | 0:54:02 |
| 3. Martine MINET   | 0:57:14 |

HELGA



Orienteering Software