



LOS de kluis

27.6.2024

Omega

Rauwerd ROOSEN

Indiv.

Course : H:OMLOOP 1

Distance : 4650m

Time : 0:44:29 (9'34"/km)

18/31

O.K.

[Full result on Webres](#)

1. Lennert LENS	0:25:00
2. Simon KREKELS	0:25:48
3. Tomy JANSSENS	0:33:13

1.	34	00:00:44		73m	10'03"/km
2.	60	00:02:28	00:03:12	126m	19'35"/km
3.	33	00:01:45	00:04:57	156m	11'13"/km
4.	31	00:01:36	00:06:33	150m	10'40"/km
5.	45	00:00:59	00:07:32	106m	9'17"/km
6.	40	00:01:26	00:08:58	246m	5'50"/km
7.	39	00:01:19	00:10:17	188m	7'00"/km
8.	54	00:01:07	00:11:24	146m	7'39"/km
9.	59	00:04:05	00:15:29	368m	11'06"/km
10.	47	00:02:39	00:18:08	335m	7'55"/km
11.	48	00:00:26	00:18:34	91m	4'46"/km
12.	52	00:04:13	00:22:47	110m	38'20"/km
13.	53	00:01:03	00:23:50	99m	10'36"/km
14.	49	00:01:16	00:25:06	112m	11'19"/km
15.	46	00:00:37	00:25:43	88m	7'00"/km
16.	57	00:01:43	00:27:26	132m	13'00"/km
17.	36	00:01:31	00:28:57	248m	6'07"/km
18.	35	00:00:56	00:29:53	96m	9'43"/km
19.	32	00:01:02	00:30:55	147m	7'02"/km
20.	56	00:01:54	00:32:49	267m	7'07"/km
21.	41	00:00:55	00:33:44	146m	6'17"/km
22.	42	00:00:30	00:34:14	74m	6'45"/km
23.	43	00:00:38	00:34:52	92m	6'53"/km
24.	44	00:00:46	00:35:38	122m	6'17"/km
25.	40	00:01:40	00:37:18	273m	6'06"/km
26.	38	00:01:26	00:38:44	225m	6'22"/km
27.	50	00:01:14	00:39:58	166m	7'26"/km
28.	61	00:03:00	00:42:58	51m	58'49"/km
29.	62	00:00:39	00:43:37	96m	6'46"/km
30.	999	00:00:52	00:44:29	121m	7'10"/km