



LOS de kluis

27.6.2024

Omega

Jan VAN DER ELST

Omega

Percursus : H:OMLOOP 1

Distancia : 4650m

Tempo : 0:43:15 (9'18"/km)

16/31

O.K.

[Resultados completos em Webres](#)

1. Lennert LENS	0:25:00
2. Simon KREKELS	0:25:48
3. Tomy JANSSENS	0:33:13

1.	34	00:00:30		73m	6'51"/km
2.	60	00:01:07	00:01:37	126m	8'52"/km
3.	33	00:00:50	00:02:27	156m	5'21"/km
4.	31	00:00:58	00:03:25	150m	6'27"/km
5.	45	00:01:21	00:04:46	106m	12'44"/km
6.	40	00:01:52	00:06:38	246m	7'35"/km
7.	39	00:01:18	00:07:56	188m	6'55"/km
8.	54	00:01:05	00:09:01	146m	7'25"/km
9.	59	00:02:25	00:11:26	368m	6'34"/km
10.	47	00:07:23	00:18:49	335m	22'02"/km
11.	48	00:00:33	00:19:22	91m	6'03"/km
12.	52	00:01:04	00:20:26	110m	9'42"/km
13.	53	00:02:01	00:22:27	99m	20'22"/km
14.	49	00:00:57	00:23:24	112m	8'29"/km
15.	46	00:00:46	00:24:10	88m	8'43"/km
16.	57	00:01:06	00:25:16	132m	8'20"/km
17.	36	00:02:04	00:27:20	248m	8'20"/km
18.	35	00:01:08	00:28:28	96m	11'48"/km
19.	32	00:01:12	00:29:40	147m	8'10"/km
20.	56	00:02:35	00:32:15	267m	9'41"/km
21.	41	00:01:03	00:33:18	146m	7'12"/km
22.	42	00:00:26	00:33:44	74m	5'51"/km
23.	43	00:00:38	00:34:22	92m	6'53"/km
24.	44	00:00:59	00:35:21	122m	8'04"/km
25.	40	00:01:42	00:37:03	273m	6'14"/km
26.	38	00:01:40	00:38:43	225m	7'24"/km
27.	50	00:01:16	00:39:59	166m	7'38"/km
28.	61	00:01:35	00:41:34	51m	31'03"/km
29.	62	00:00:54	00:42:28	96m	9'23"/km
30.	999	00:00:47	00:43:15	121m	6'28"/km