



II Etapa do Campeonato Metropolitano de Orientação do Rio de Janeiro

EsEFEx 23.6.2024

Federação de Orientação do Estado do Rio de Janeiro

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Percurso : H21E

Distancia : 4000m (Desnivel 90m)

Tempo : 0:53:45 (13'26"/km)

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O.K.

[Resultados completos em Webres](#)

1. Renato RENATO CAVALCANTE 0:40:55
2. Marco Antônio Galdez De Castro Silva 0:44:08
3. Cristian Luan 0:45:28

1.	35	00:02:32		152m	16'40"/km
2.	37	00:00:41	00:03:13	59m	11'35"/km
3.	31	00:00:32	00:03:45	78m	6'50"/km
4.	33	00:00:58	00:04:43	66m	14'39"/km
5.	47	00:01:38	00:06:21	80m	20'25"/km
6.	46	00:02:57	00:09:18	181m	16'18"/km
7.	40	00:02:36	00:11:54	99m	26'16"/km
8.	51	00:01:32	00:13:26	157m	9'46"/km
9.	57	00:08:51	00:22:17	444m	19'56"/km
10.	72	00:01:31	00:23:48	96m	15'48"/km
11.	59	00:02:19	00:26:07	82m	28'15"/km
12.	61	00:06:06	00:32:13	386m	15'48"/km
13.	60	00:00:54	00:33:07	68m	13'14"/km
14.	76	00:01:25	00:34:32	177m	8'00"/km
15.	42	00:02:36	00:37:08	173m	15'02"/km
16.	44	00:01:00	00:38:08	76m	13'09"/km
17.	63	00:01:46	00:39:54	195m	9'04"/km
18.	64	00:03:29	00:43:23	140m	24'53"/km
19.	65	00:00:51	00:44:14	116m	7'20"/km
20.	79	00:00:57	00:45:11	118m	8'03"/km
21.	67	00:03:26	00:48:37	284m	12'05"/km
22.	78	00:02:35	00:51:12	237m	10'54"/km
23.	44	00:01:14	00:52:26	168m	7'20"/km
24.	69	00:01:07	00:53:33	237m	4'43"/km
25.	999	00:00:12	00:53:45	40m	5'00"/km

Orienteering Software