



3º Percurso treino do COSEC - 2024
Vale dos Cristais - Cristalina 23.6.2024
Clube de Orientação Serra dos Cristais

Josiane Machado Dos Santos

Clube de Orientação Serra dos Cristais

Course : D Adulto B

Distance : 3000m

Time : 0:43:33 (14'31"/km)

1/2

O.K.

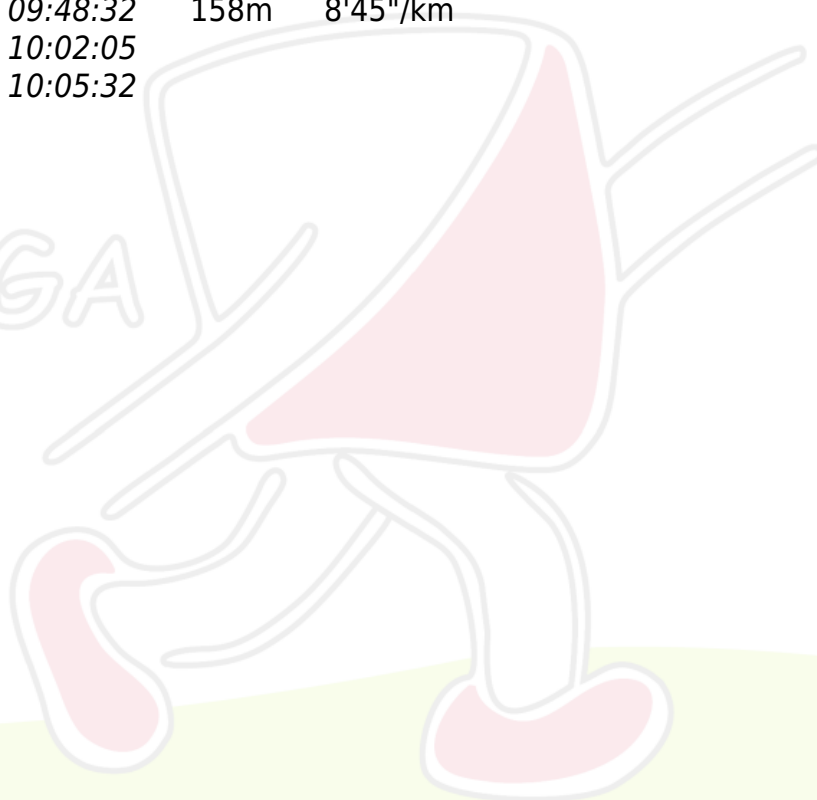
[Full result on Webres](#)

2. Katia Regina Ribeiro

2:13:47

1.	32	09:22:29		135m	166'33"/km
2.	45	00:02:40	09:25:09	243m	10'58"/km
3.	46	00:03:07	09:28:16	290m	10'45"/km
4.	38	00:03:16	09:31:32	81m	40'20"/km
5.	34	00:05:24	09:36:56	330m	16'22"/km
6.	35	00:06:07	09:43:03	317m	19'18"/km
7.	44	00:04:06	09:47:09	259m	15'50"/km
8.	47	00:01:23	09:48:32	158m	8'45"/km
9.	42	00:13:33	10:02:05		
10.	999	00:03:27	10:05:32		

HELGA



Orienteering Software