



3º Percurso treino do COSEC - 2024
Vale dos Cristais - Cristalina 23.6.2024
Clube de Orientação Serra dos Cristais

Nilva Aparecida Lencina Zôrzo

Clube de Orientação Serra dos Cristais

Strecke : D Adulto A

Länge : 3400m

Zeit : 1:49:20 (32'09"/km)

1/4

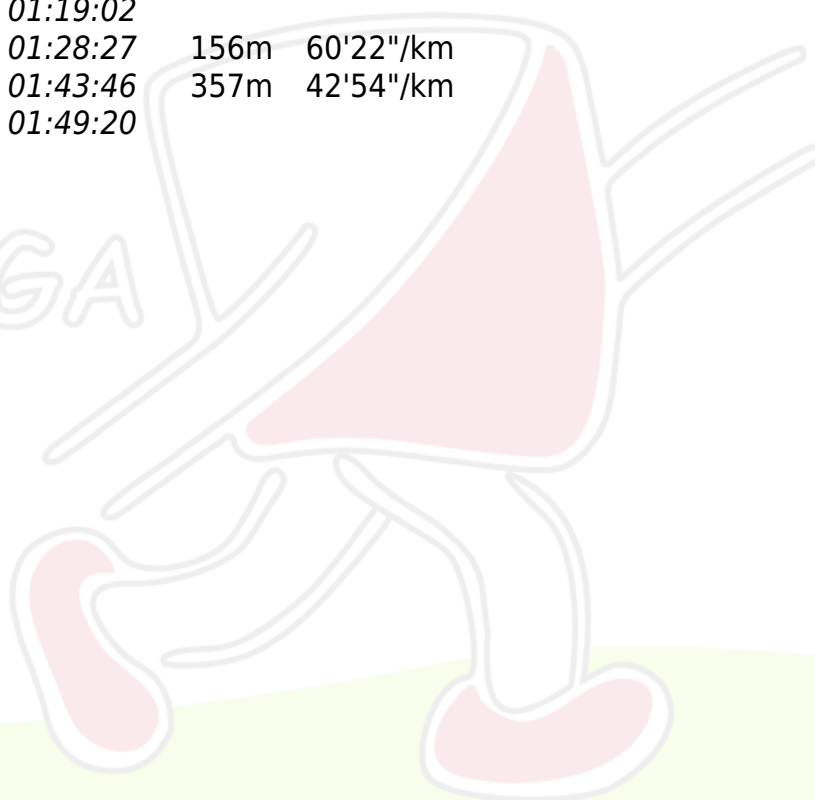
O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------------------|---------|
| 2. Vanessa de Faria Campanella | 2:07:29 |
| 3. Kathariny de Almeida Santos | 2:07:30 |

1.	44	00:07:09		414m	17'16"/km
2.	39	00:07:20	00:14:29	352m	20'50"/km
3.	36	00:05:26	00:19:55	232m	23'25"/km
4.	35	00:06:27	00:26:22	272m	23'43"/km
5.	39	00:07:28	00:33:50	165m	45'15"/km
6.	49	00:15:16	00:49:06	210m	72'42"/km
7.	40	00:13:14	01:02:20	242m	54'41"/km
8.	42	00:16:42	01:19:02		
9.	50	00:09:25	01:28:27	156m	60'22"/km
10.	43	00:15:19	01:43:46	357m	42'54"/km
11.	999	00:05:34	01:49:20		

HELGA



Orienteering Software