



Nationale - longues distances

Daverdisse 23.6.2024

Balise 10

François JACOBS

Omega

Circuit : H60

Distance : 5600m (Dénivelé 150m)

Temps : 1:06:17 (11'50"/km)

9/13

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Wiet LAENEN | 0:43:06 |
| 2. Bart VAN DE MOORTELE | 0:44:08 |
| 3. Jean-Manuel VERPOORTEN | 0:44:48 |

1.	102	00:02:08		181m	11'47"/km
2.	103	00:00:49	00:02:57	111m	7'21"/km
3.	104	00:06:22	00:09:19	751m	8'29"/km
4.	108	00:14:09	00:23:28	1351m	10'28"/km
5.	136	00:03:50	00:27:18	330m	11'37"/km
6.	135	00:06:03	00:33:21	518m	11'41"/km
7.	84	00:09:48	00:43:09	705m	13'54"/km
8.	110	00:01:52	00:45:01	219m	8'31"/km
9.	113	00:11:25	00:56:26	363m	31'27"/km
10.	101	00:05:08	01:01:34	330m	15'33"/km
11.	146	00:02:24	01:03:58	233m	10'18"/km
12.	165	00:01:49	01:05:47	197m	9'13"/km
13.	999	00:00:30	01:06:17	283m	1'46"/km

HELGA

Orienteering Software