



## Nationale - longues distances

Daverdisse 23.6.2024

### Balise 10

**Patrick MOSSOUX**

Pégase CO

Circuit : H60

Distance : 5600m (Dénivelé 150m)

Temps : 0:50:17 (8'59"/km)

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O.K.

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- |                           |         |
|---------------------------|---------|
| 1. Wiet LAENEN            | 0:43:06 |
| 2. Bart VAN DE MOORTELE   | 0:44:08 |
| 3. Jean-Manuel VERPOORTEN | 0:44:48 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 102 | 00:01:56 |          | 181m  | 10'41"/km |
| 2.  | 103 | 00:00:44 | 00:02:40 | 111m  | 6'36"/km  |
| 3.  | 104 | 00:05:59 | 00:08:39 | 751m  | 7'58"/km  |
| 4.  | 108 | 00:12:48 | 00:21:27 | 1351m | 9'28"/km  |
| 5.  | 136 | 00:03:00 | 00:24:27 | 330m  | 9'05"/km  |
| 6.  | 135 | 00:05:13 | 00:29:40 | 518m  | 10'04"/km |
| 7.  | 84  | 00:08:01 | 00:37:41 | 705m  | 11'22"/km |
| 8.  | 110 | 00:01:42 | 00:39:23 | 219m  | 7'46"/km  |
| 9.  | 113 | 00:03:00 | 00:42:23 | 363m  | 8'16"/km  |
| 10. | 101 | 00:03:27 | 00:45:50 | 330m  | 10'27"/km |
| 11. | 129 | 00:01:22 | 00:47:12 | 170m  | 8'02"/km  |
| 12. | 146 | 00:01:35 | 00:48:47 |       |           |
| 13. | 165 | 00:01:09 | 00:49:56 | 197m  | 5'50"/km  |
| 14. | 999 | 00:00:21 | 00:50:17 | 283m  | 1'14"/km  |

HELGA

Orienteering Software