



Nationale - longues distances

Daverdisse 23.6.2024

Balise 10

Gunther DEFERME

hamok

Course : H50

Distance : 7300m (Climbing 190m)

Time : 1:06:28 (9'06"/km)

4/13

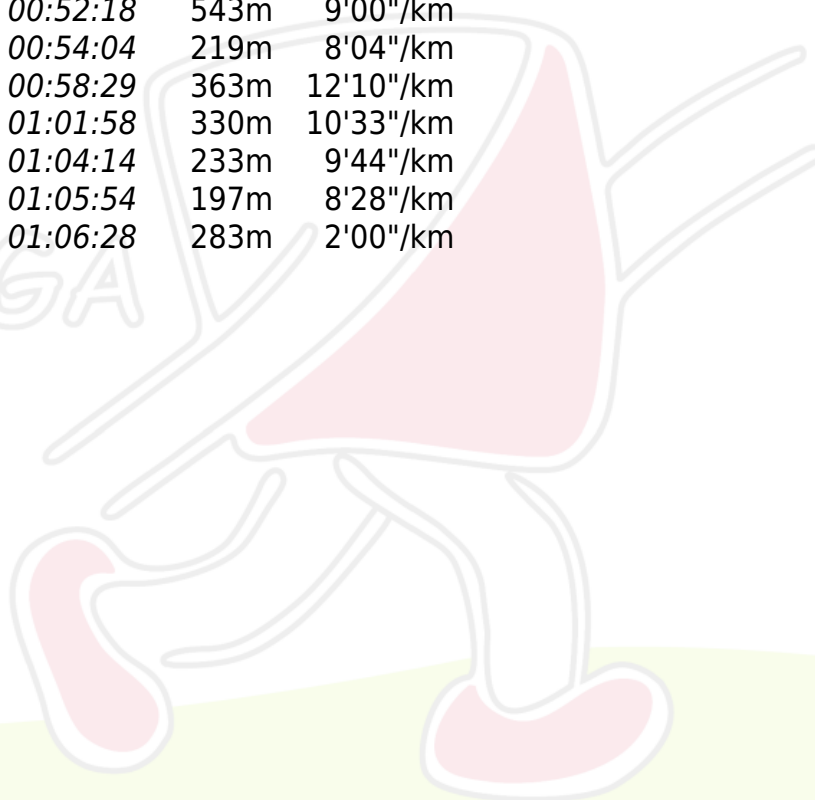
O.K.

[Full result on Webres](#)

1.	Guido LENGES	0:57:11
2.	Alain MAZY	0:57:43
3.	Christophe BARBIER	1:01:22

1.	126	00:05:43		677m	8'27"/km
2.	104	00:04:15	00:09:58	524m	8'07"/km
3.	83	00:11:30	00:21:28	1502m	7'39"/km
4.	78	00:10:50	00:32:18	818m	13'15"/km
5.	88	00:06:42	00:39:00	660m	10'09"/km
6.	120	00:05:28	00:44:28	550m	9'56"/km
7.	127	00:02:57	00:47:25	391m	7'33"/km
8.	84	00:04:53	00:52:18	543m	9'00"/km
9.	110	00:01:46	00:54:04	219m	8'04"/km
10.	113	00:04:25	00:58:29	363m	12'10"/km
11.	101	00:03:29	01:01:58	330m	10'33"/km
12.	146	00:02:16	01:04:14	233m	9'44"/km
13.	165	00:01:40	01:05:54	197m	8'28"/km
14.	999	00:00:34	01:06:28	283m	2'00"/km

HELGA



Orienteering Software