



## Nationale - longues distances

Daverdisse 23.6.2024

### Balise 10

**Isabelle BELANGER**

Pégase CO

Circuit : D40

Distance : 6300m (Dénivelé 170m)

Temps : 1:43:32 (16'26"/km)

2/5

O.K.

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- |                      |         |
|----------------------|---------|
| 1. Vanessa RASQUINET | 1:10:22 |
| 3. Tania HENDRICKX   | 1:50:13 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 141 | 00:02:45 |          | 169m  | 16'16"/km |
| 2.  | 119 | 00:06:17 | 00:09:02 | 511m  | 12'18"/km |
| 3.  | 135 | 00:17:20 | 00:26:22 | 1318m | 13'09"/km |
| 4.  | 111 | 00:05:14 | 00:31:36 | 301m  | 17'23"/km |
| 5.  | 79  | 00:13:28 | 00:45:04 | 626m  | 21'31"/km |
| 6.  | 78  | 00:05:45 | 00:50:49 | 345m  | 16'40"/km |
| 7.  | 122 | 00:12:06 | 01:02:55 | 694m  | 17'26"/km |
| 8.  | 84  | 00:09:52 | 01:12:47 | 740m  | 13'20"/km |
| 9.  | 130 | 00:05:13 | 01:18:00 | 279m  | 18'42"/km |
| 10. | 113 | 00:08:49 | 01:26:49 | 322m  | 27'23"/km |
| 11. | 129 | 00:12:25 | 01:39:14 | 483m  | 25'42"/km |
| 12. | 165 | 00:03:42 | 01:42:56 | 254m  | 14'34"/km |
| 13. | 999 | 00:00:36 | 01:43:32 | 283m  | 2'07"/km  |

HELGA

Orienteering Software