Nationale Longue Distance - Botrange
Botrange 20.6.2021
O.L.V. Eifel

Laurence AUGHUET
ThOR
Circuit : D50
Distance : 4500m (Dénivelé 90m)
Temps : 1:25:34 (19'01"/km)

5/7 O.K.

Résultats complets sur Webres

1. Caroline MARGREVE 1:09:37
2. Els SPILLEBEEN 1:09:46
3. Katleen VAN DE MOORTEL 1:11:56

1.	82	00:04:18		214m	20'06"/km
2.	100	00:17:52	*00:22:10*	866m	20'38"/km
3.	99	00:06:46	*00:28:56*	313m	21'37"/km
4.	89	00:06:03	*00:34:59*	424m	14'16"/km
5.	92	00:09:02	*00:44:01*	551m	16'24"/km
6.	115	00:11:04	*00:55:05*	429m	25'48"/km
7.	119	00:07:29	*01:02:34*	326m	22'57"/km
8.	88	00:06:42	*01:09:16*	358m	18'43"/km
9.	79	00:02:22	*01:11:38*	166m	14'15"/km
10.	87	00:03:48	*01:15:26*	258m	14'44"/km
11.	122	00:05:20	*01:20:46*	303m	17'36"/km
12.	165	00:02:40	*01:23:26*	169m	15'47"/km
13.	999	00:02:08	*01:25:34*	143m	14'55"/km

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