



# Ienteloop Rulheyde Kasterlee 19.6.2024 TROL

**Jens DEFERM**

hamok

Course : H:03

Distance : 3050m

Time : 0:45:41 (14'59"/km)

**1/6**

O.K.

[Full result on Webres](#)

- 2. Nico VANDE KERKHOF
- 3. Willy NICASI

1:01:44  
1:32:17

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 101 | 00:01:38 |          | 101m | 16'10"/km |
| 2.  | 102 | 00:01:20 | 00:02:58 | 109m | 12'14"/km |
| 3.  | 103 | 00:02:20 | 00:05:18 | 193m | 12'05"/km |
| 4.  | 104 | 00:11:19 | 00:16:37 | 208m | 54'24"/km |
| 5.  | 106 | 00:04:17 | 00:20:54 | 251m | 17'04"/km |
| 6.  | 107 | 00:01:47 | 00:22:41 | 172m | 10'22"/km |
| 7.  | 108 | 00:04:02 | 00:26:43 | 354m | 11'24"/km |
| 8.  | 109 | 00:02:42 | 00:29:25 | 167m | 16'10"/km |
| 9.  | 121 | 00:02:23 | 00:31:48 | 102m | 23'22"/km |
| 10. | 122 | 00:03:09 | 00:34:57 | 320m | 9'51"/km  |
| 11. | 115 | 00:02:26 | 00:37:23 | 166m | 14'40"/km |
| 12. | 116 | 00:01:12 | 00:38:35 | 140m | 8'34"/km  |
| 13. | 117 | 00:01:22 | 00:39:57 | 156m | 8'46"/km  |
| 14. | 118 | 00:01:48 | 00:41:45 | 178m | 10'07"/km |
| 15. | 119 | 00:02:54 | 00:44:39 | 287m | 10'06"/km |
| 16. | 999 | 00:01:02 | 00:45:41 | 141m | 7'20"/km  |

Orienteering Software