



# Ienteloop Rulheyde Kasterlee 19.6.2024 TROL

**Adriaan PELCKMANS**

Antwerp Orienteers

Omloop : H:01

Afstand : 5090m

Tijd : 0:35:29 (6'58"/km)

**7/46**

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:29:23 |
| 2. Arno KEUPPENS    | 0:33:30 |
| 3. Winston FRANSSEN | 0:33:50 |

|     |     |          |          |      |          |
|-----|-----|----------|----------|------|----------|
| 1.  | 101 | 00:00:49 |          | 101m | 8'05"/km |
| 2.  | 102 | 00:01:00 | 00:01:49 | 109m | 9'10"/km |
| 3.  | 103 | 00:01:07 | 00:02:56 | 193m | 5'47"/km |
| 4.  | 104 | 00:01:42 | 00:04:38 | 208m | 8'10"/km |
| 5.  | 105 | 00:01:12 | 00:05:50 | 190m | 6'19"/km |
| 6.  | 106 | 00:01:09 | 00:06:59 | 175m | 6'34"/km |
| 7.  | 107 | 00:01:13 | 00:08:12 | 172m | 7'04"/km |
| 8.  | 108 | 00:02:19 | 00:10:31 | 354m | 6'33"/km |
| 9.  | 109 | 00:01:02 | 00:11:33 | 167m | 6'11"/km |
| 10. | 114 | 00:02:00 | 00:13:33 | 249m | 8'02"/km |
| 11. | 112 | 00:01:34 | 00:15:07 | 263m | 5'57"/km |
| 12. | 125 | 00:01:57 | 00:17:04 | 296m | 6'35"/km |
| 13. | 113 | 00:00:44 | 00:17:48 | 120m | 6'07"/km |
| 14. | 111 | 00:01:47 | 00:19:35 | 212m | 8'25"/km |
| 15. | 110 | 00:01:15 | 00:20:50 | 156m | 8'01"/km |
| 16. | 121 | 00:01:10 | 00:22:00 | 138m | 8'27"/km |
| 17. | 122 | 00:02:15 | 00:24:15 | 320m | 7'02"/km |
| 18. | 115 | 00:01:03 | 00:25:18 | 166m | 6'20"/km |
| 19. | 123 | 00:01:17 | 00:26:35 | 180m | 7'08"/km |
| 20. | 124 | 00:01:08 | 00:27:43 | 156m | 7'16"/km |
| 21. | 116 | 00:01:16 | 00:28:59 | 220m | 5'45"/km |
| 22. | 117 | 00:01:02 | 00:30:01 | 156m | 6'37"/km |
| 23. | 118 | 00:01:12 | 00:31:13 | 178m | 6'44"/km |
| 24. | 119 | 00:01:57 | 00:33:10 | 287m | 6'48"/km |
| 25. | 120 | 00:01:08 | 00:34:18 | 134m | 8'27"/km |
| 26. | 999 | 00:01:11 | 00:35:29 | 194m | 6'06"/km |

Orienteering Software