



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Jacques LE ROUX

7807IF G078

Course : H10

Distance : 1200m (Climbing 15m)

Time : 0:27:37 (23'01"/km)

5/7

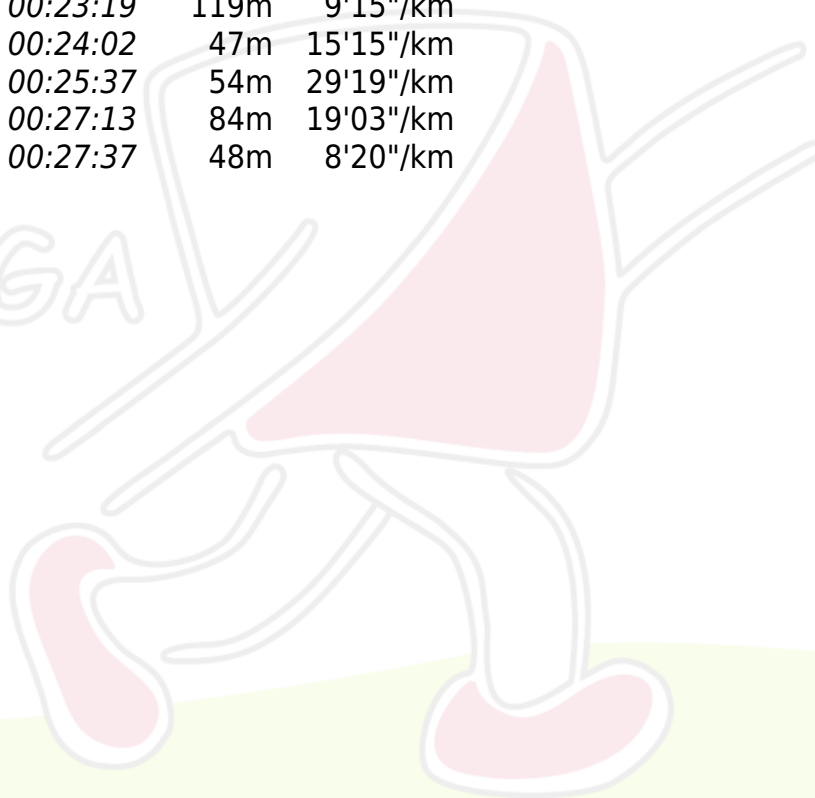
O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Ivan COP | 0:10:59 |
| 2. Théo MAURIES DENAT | 0:11:32 |
| 3. Martin MOREY | 0:20:51 |

1.	34	00:02:03		249m	8'14"/km
2.	35	00:12:28	00:14:31	74m	168'28"/km
3.	36	00:01:47	00:16:18	64m	27'52"/km
4.	37	00:00:46	00:17:04	103m	7'27"/km
5.	39	00:02:08	00:19:12	185m	11'32"/km
6.	40	00:02:06	00:21:18	37m	56'45"/km
7.	41	00:00:55	00:22:13	92m	9'58"/km
8.	78	00:01:06	00:23:19	119m	9'15"/km
9.	74	00:00:43	00:24:02	47m	15'15"/km
10.	48	00:01:35	00:25:37	54m	29'19"/km
11.	99	00:01:36	00:27:13	84m	19'03"/km
12.	999	00:00:24	00:27:37	48m	8'20"/km

HELGA



Orienteering Software