



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Sélène KUZU-LAGARDE

7512IF RO'Paris

Circuit : D14

Distance : 1500m (Dénivelé 20m)

Temps : 0:12:04 (8'03"/km)

2/5

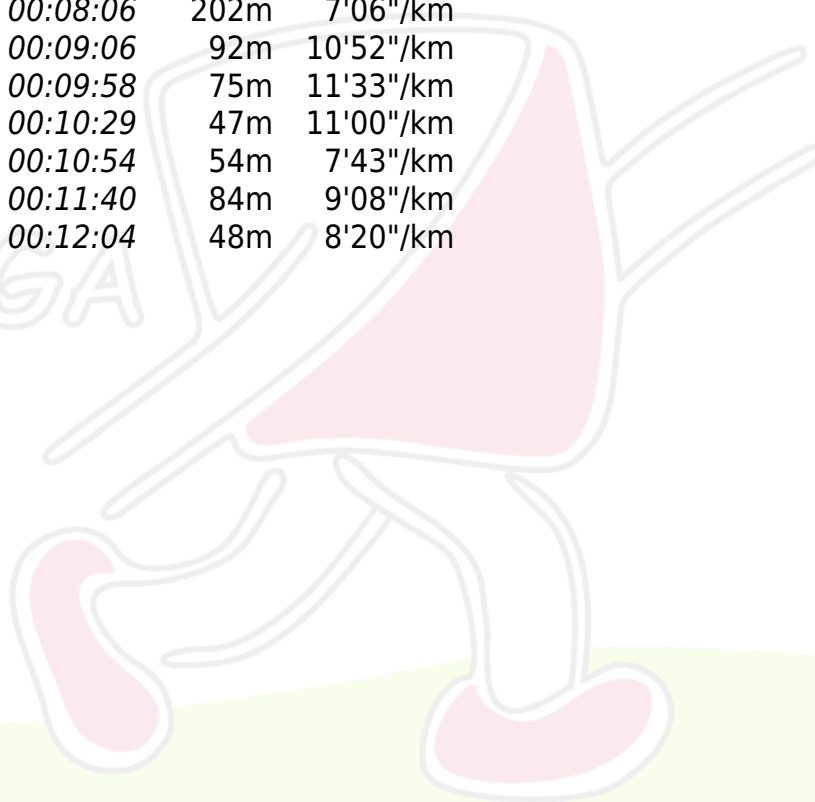
O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Eve ADERGHAL | 0:11:50 |
| 3. Mayleen LE DINH COSTE | 0:12:06 |

1.	75	00:00:56		200m	4'40"/km
2.	56	00:00:46	00:01:42	124m	6'11"/km
3.	71	00:01:06	00:02:48	148m	7'26"/km
4.	63	00:00:50	00:03:38	111m	7'30"/km
5.	44	00:00:35	00:04:13	74m	7'53"/km
6.	45	00:00:41	00:04:54	51m	13'24"/km
7.	37	00:01:46	00:06:40	214m	8'15"/km
8.	40	00:01:26	00:08:06	202m	7'06"/km
9.	47	00:01:00	00:09:06	92m	10'52"/km
10.	78	00:00:52	00:09:58	75m	11'33"/km
11.	74	00:00:31	00:10:29	47m	11'00"/km
12.	48	00:00:25	00:10:54	54m	7'43"/km
13.	99	00:00:46	00:11:40	84m	9'08"/km
14.	999	00:00:24	00:12:04	48m	8'20"/km

HELGA



Orienteering Software