



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Marc AMMERICH

7512IF RO'Paris

Course : Hommes 60-65

Distance : 1800m (Climbing 20m)

Time : 0:24:05 (13'23"/km)

13/13

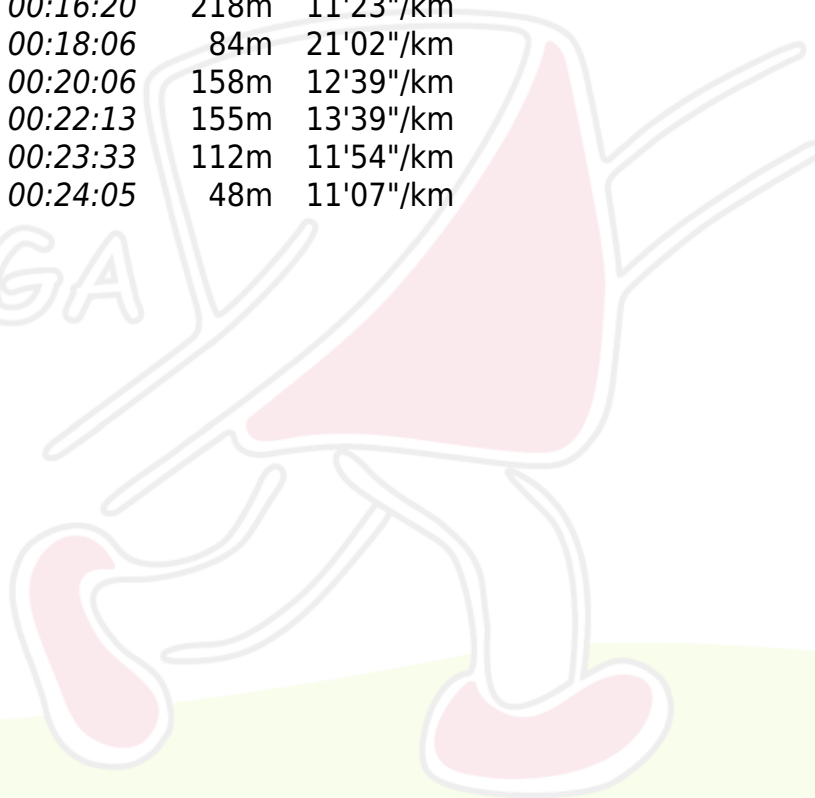
O.K.

[Full result on Webres](#)

- | | |
|----------------------|---------|
| 1. Gilbert LECONTE | 0:13:20 |
| 1. Jose RORA | 0:13:20 |
| 3. Jean Marc TOMASSI | 0:14:42 |

1.	32	00:02:49		244m	11'33"/km
2.	52	00:00:47	00:03:36	61m	12'50"/km
3.	63	00:02:15	00:05:51	194m	11'36"/km
4.	67	00:02:34	00:08:25	143m	17'57"/km
5.	43	00:01:57	00:10:22	157m	12'25"/km
6.	36	00:02:10	00:12:32	177m	12'14"/km
7.	50	00:01:19	00:13:51	82m	16'03"/km
8.	39	00:02:29	00:16:20	218m	11'23"/km
9.	47	00:01:46	00:18:06	84m	21'02"/km
10.	54	00:02:00	00:20:06	158m	12'39"/km
11.	55	00:02:07	00:22:13	155m	13'39"/km
12.	99	00:01:20	00:23:33	112m	11'54"/km
13.	999	00:00:32	00:24:05	48m	11'07"/km

HELGA



Orienteering Software