



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Carlos GIL SILVEIRA

9404IF AS IGN

Course : Hommes 50-55

Distance : 2300m (Climbing 30m)

Time : 0:22:35 (9'49"/km)

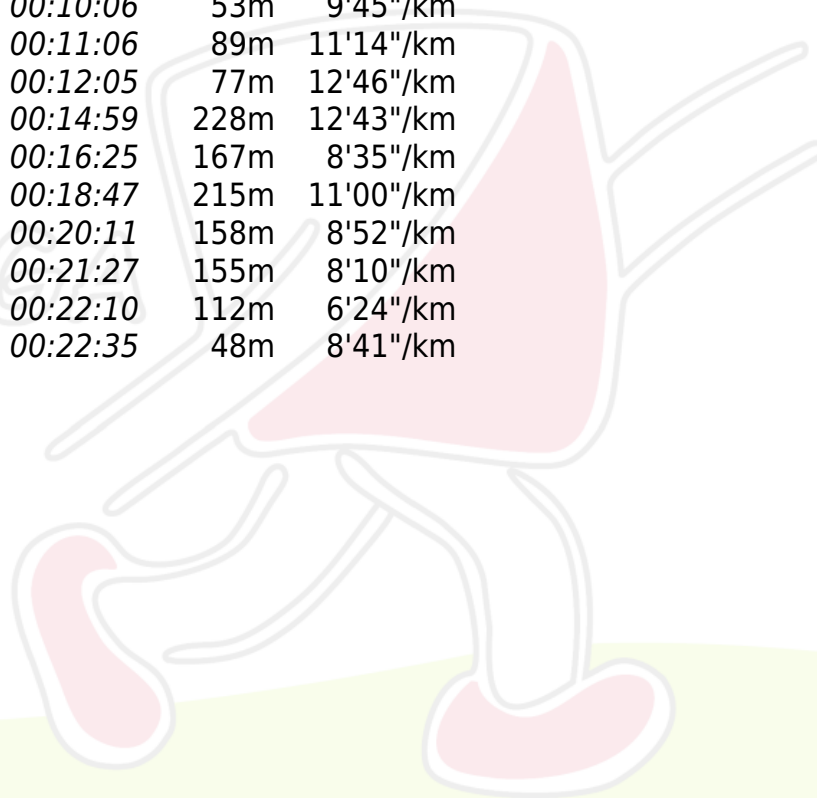
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O.K.

[Full result on Webres](#)

1. Pascal PANNIER	0:15:03
2. Thierry BESTEL	0:15:53
3. Laurent GASNOT	0:17:23

1.	77	00:01:26		210m	6'50"/km
2.	52	00:01:22	00:02:48	176m	7'46"/km
3.	79	00:01:57	00:04:45	86m	22'40"/km
4.	67	00:01:29	00:06:14	187m	7'56"/km
5.	61	00:00:26	00:06:40	64m	6'46"/km
6.	58	00:01:29	00:08:09	171m	8'40"/km
7.	71	00:01:26	00:09:35	109m	13'09"/km
8.	65	00:00:31	00:10:06	53m	9'45"/km
9.	49	00:01:00	00:11:06	89m	11'14"/km
10.	63	00:00:59	00:12:05	77m	12'46"/km
11.	32	00:02:54	00:14:59	228m	12'43"/km
12.	51	00:01:26	00:16:25	167m	8'35"/km
13.	47	00:02:22	00:18:47	215m	11'00"/km
14.	54	00:01:24	00:20:11	158m	8'52"/km
15.	55	00:01:16	00:21:27	155m	8'10"/km
16.	99	00:00:43	00:22:10	112m	6'24"/km
17.	999	00:00:25	00:22:35	48m	8'41"/km



Orienteering Software