



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Julien GARDEUR

7716IF BALISE 77

Circuit : Hommes 40-45

Distance : 2300m (Dénivelé 30m)

Temps : 0:24:40 (10'43"/km)

23/23

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Benjamin MAURIES | 0:13:49 |
| 2. Fabrice VANNIER | 0:14:38 |
| 3. Benoît SOL | 0:14:45 |

1.	77	00:02:05		210m	9'55"/km
2.	52	00:01:28	00:03:33	176m	8'20"/km
3.	79	00:00:53	00:04:26	86m	10'16"/km
4.	67	00:01:41	00:06:07	187m	9'00"/km
5.	61	00:00:31	00:06:38	64m	8'04"/km
6.	58	00:01:52	00:08:30	171m	10'55"/km
7.	71	00:01:30	00:10:00	109m	13'46"/km
8.	65	00:01:01	00:11:01	53m	19'11"/km
9.	49	00:00:57	00:11:58	89m	10'40"/km
10.	63	00:00:45	00:12:43	77m	9'44"/km
11.	32	00:02:29	00:15:12	228m	10'54"/km
12.	51	00:01:29	00:16:41	167m	8'53"/km
13.	47	00:03:35	00:20:16	215m	16'40"/km
14.	54	00:01:43	00:21:59	158m	10'52"/km
15.	55	00:01:28	00:23:27	155m	9'28"/km
16.	99	00:00:44	00:24:11	112m	6'33"/km
17.	999	00:00:29	00:24:40	48m	10'04"/km

Orienteering Software