



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Hervé QUINQUENEL

9404IF AS IGN

Circuit : Hommes 40-45

Distance : 2300m (Dénivelé 30m)

Temps : 0:16:28 (7'10"/km)

8/23

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Benjamin MAURIES | 0:13:49 |
| 2. Fabrice VANNIER | 0:14:38 |
| 3. Benoît SOL | 0:14:45 |

1.	77	00:01:09		210m	5'29"/km
2.	52	00:01:04	00:02:13	176m	6'04"/km
3.	79	00:00:36	00:02:49	86m	6'59"/km
4.	67	00:01:15	00:04:04	187m	6'41"/km
5.	61	00:00:25	00:04:29	64m	6'31"/km
6.	58	00:01:08	00:05:37	171m	6'38"/km
7.	71	00:01:11	00:06:48	109m	10'51"/km
8.	65	00:00:28	00:07:16	53m	8'48"/km
9.	49	00:00:38	00:07:54	89m	7'07"/km
10.	63	00:00:31	00:08:25	77m	6'43"/km
11.	32	00:01:55	00:10:20	228m	8'24"/km
12.	51	00:01:03	00:11:23	167m	6'17"/km
13.	47	00:01:43	00:13:06	215m	7'59"/km
14.	54	00:01:19	00:14:25	158m	8'20"/km
15.	55	00:01:06	00:15:31	155m	7'06"/km
16.	99	00:00:34	00:16:05	112m	5'04"/km
17.	999	00:00:23	00:16:28	48m	7'59"/km

Orienteering Software