



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Benjamin MAURIES

7807IF GO78

Course : Hommes 40-45

Distance : 2300m (Climbing 30m)

Time : 0:13:49 (6'00"/km)

1/23

O.K.

[Full result on Webres](#)

2. Fabrice VANNIER

0:14:38

3. Benoît SOL

0:14:45

1.	77	00:00:58		210m	4'36"/km
2.	52	00:00:51	00:01:49	176m	4'50"/km
3.	79	00:00:27	00:02:16	86m	5'14"/km
4.	67	00:01:29	00:03:45	187m	7'56"/km
5.	61	00:00:21	00:04:06	64m	5'28"/km
6.	58	00:00:55	00:05:01	171m	5'22"/km
7.	71	00:00:58	00:05:59	109m	8'52"/km
8.	65	00:00:21	00:06:20	53m	6'36"/km
9.	49	00:00:36	00:06:56	89m	6'44"/km
10.	57	00:00:08	00:07:04		
11.	63	00:00:17	00:07:21		
12.	32	00:01:25	00:08:46	228m	6'13"/km
13.	51	00:00:53	00:09:39	167m	5'17"/km
14.	47	00:01:26	00:11:05	215m	6'40"/km
15.	54	00:00:57	00:12:02	158m	6'01"/km
16.	55	00:00:57	00:12:59	155m	6'08"/km
17.	99	00:00:27	00:13:26	112m	4'01"/km
18.	999	00:00:23	00:13:49	48m	7'59"/km

Orienteering Software