



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Alec LE HELLOCO

7707IF OPA MONTIGNY

Circuit : Hommes 18-20

Distance : 2700m (Dénivelé 40m)

Temps : 0:17:48 (6'36"/km)

3/12

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Rémi BROCHOT | 0:15:46 |
| 2. Baptiste DELORME | 0:16:45 |

1.	62	00:01:10		200m	5'50"/km
2.	56	00:00:55	00:02:05	197m	4'39"/km
3.	44	00:00:54	00:02:59	175m	5'09"/km
4.	65	00:00:13	00:03:12	37m	5'51"/km
5.	49	00:00:30	00:03:42	89m	5'37"/km
6.	72	00:00:39	00:04:21	102m	6'22"/km
7.	58	00:01:06	00:05:27	83m	13'15"/km
8.	69	00:01:04	00:06:31	166m	6'26"/km
9.	60	00:00:55	00:07:26	53m	17'18"/km
10.	73	00:00:37	00:08:03	105m	5'52"/km
11.	66	00:01:01	00:09:04	142m	7'10"/km
12.	68	00:00:26	00:09:30	58m	7'28"/km
13.	67	00:00:35	00:10:05		
14.	53	00:01:00	00:11:05		
15.	31	00:00:55	00:12:00	192m	4'46"/km
16.	37	00:00:33	00:12:33	95m	5'47"/km
17.	39	00:00:55	00:13:28	185m	4'57"/km
18.	78	00:00:55	00:14:23	111m	8'15"/km
19.	54	00:01:04	00:15:27	147m	7'15"/km
20.	55	00:00:59	00:16:26	155m	6'21"/km
21.	48	00:00:30	00:16:56	44m	11'22"/km
22.	99	00:00:28	00:17:24	84m	5'33"/km
23.	999	00:00:24	00:17:48	48m	8'20"/km

Orienteering Software