



# Championnat Régional IDF de CO Sprint 2024

## Cergy-Pontoise 16.6.2024

### CD CO 95 Val d'Oise

**Marie-Pierre COFFE**

9502IF ACBeauchamp

Circuit : Dames 60-65

Distance : 1600m (Dénivelé 25m)

Temps : 0:19:25 (12'08"/km)

5/9

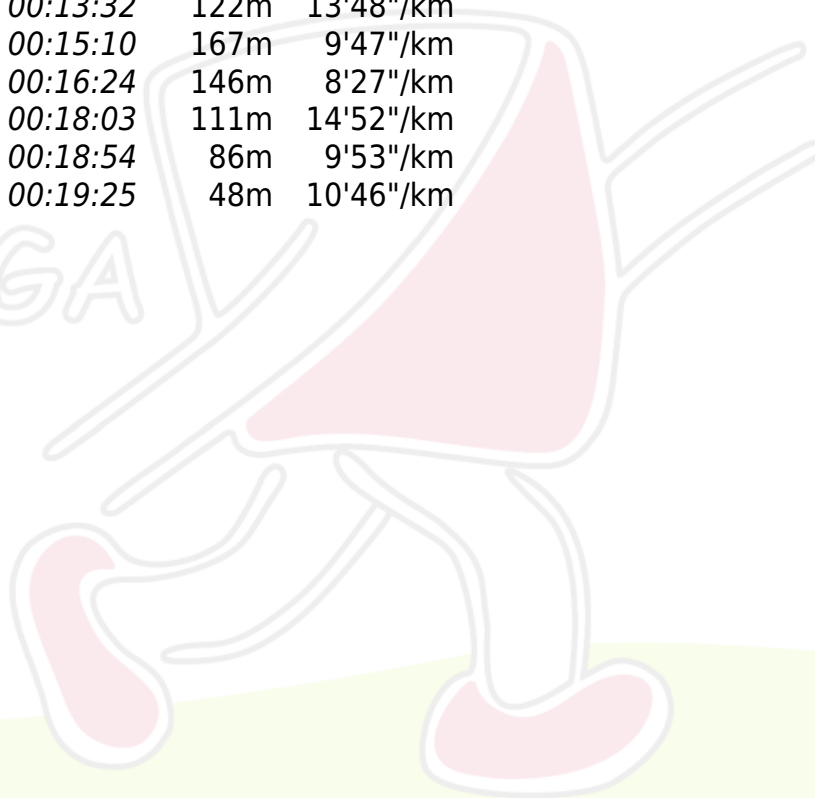
O.K.

[Résultats complets sur Webres](#)

- |                       |         |
|-----------------------|---------|
| 1. Pascale MARTIN     | 0:15:33 |
| 2. Caroline BOUCHERIE | 0:15:42 |
| 3. Pascale PREVOST    | 0:16:39 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 33  | 00:01:33 |          | 195m | 7'57"/km  |
| 2.  | 52  | 00:01:00 | 00:02:33 | 114m | 8'46"/km  |
| 3.  | 53  | 00:00:47 | 00:03:20 | 99m  | 7'55"/km  |
| 4.  | 45  | 00:00:43 | 00:04:03 | 74m  | 9'41"/km  |
| 5.  | 67  | 00:04:20 | 00:08:23 | 203m | 21'21"/km |
| 6.  | 63  | 00:02:03 | 00:10:26 | 143m | 14'20"/km |
| 7.  | 76  | 00:01:25 | 00:11:51 | 107m | 13'14"/km |
| 8.  | 32  | 00:01:41 | 00:13:32 | 122m | 13'48"/km |
| 9.  | 51  | 00:01:38 | 00:15:10 | 167m | 9'47"/km  |
| 10. | 39  | 00:01:14 | 00:16:24 | 146m | 8'27"/km  |
| 11. | 78  | 00:01:39 | 00:18:03 | 111m | 14'52"/km |
| 12. | 99  | 00:00:51 | 00:18:54 | 86m  | 9'53"/km  |
| 13. | 999 | 00:00:31 | 00:19:25 | 48m  | 10'46"/km |

HELGA



Orienteering Software