



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Isabelle TOUZAIN ROULLEAUX

9105IF COLE

Omloop : Dames 60-65

Afstand : 1600m (Hoogteverschil 25m)

Tijd : 0:17:32 (10'57"/km)

4/9

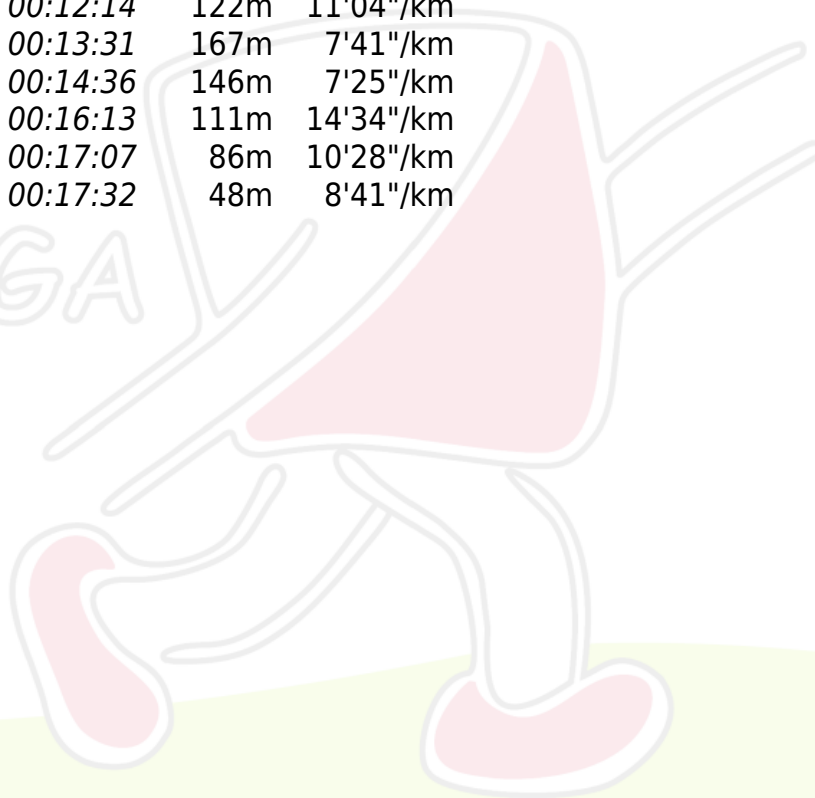
O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------|---------|
| 1. Pascale MARTIN | 0:15:33 |
| 2. Caroline BOUCHERIE | 0:15:42 |
| 3. Pascale PREVOST | 0:16:39 |

1.	33	00:01:18		195m	6'40"/km
2.	52	00:00:57	00:02:15	114m	8'20"/km
3.	53	00:00:41	00:02:56	99m	6'54"/km
4.	45	00:02:54	00:05:50	74m	39'11"/km
5.	67	00:02:25	00:08:15	203m	11'54"/km
6.	63	00:01:29	00:09:44	143m	10'22"/km
7.	76	00:01:09	00:10:53	107m	10'45"/km
8.	32	00:01:21	00:12:14	122m	11'04"/km
9.	51	00:01:17	00:13:31	167m	7'41"/km
10.	39	00:01:05	00:14:36	146m	7'25"/km
11.	78	00:01:37	00:16:13	111m	14'34"/km
12.	99	00:00:54	00:17:07	86m	10'28"/km
13.	999	00:00:25	00:17:32	48m	8'41"/km

HELGA



Orienteering Software