



# Championnat Régional IDF de CO Sprint 2024

## Cergy-Pontoise 16.6.2024

### CD CO 95 Val d'Oise

**Florence LAGRANGE**

7716IF BALISE 77

Percurso : Dames 40-45

Distancia : 2000m (Desnivel 30m)

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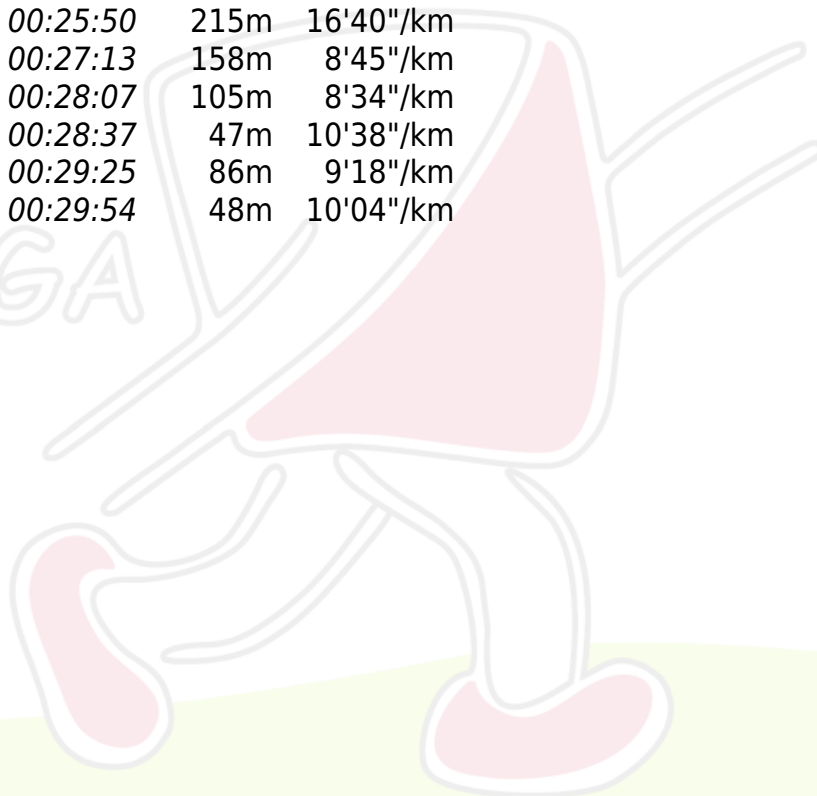
não classificado

[Resultados completos em Webres](#)

1. Hélène ARDOUIN 0:15:56
2. Clarissa RICARD BORCHORST 0:16:04
3. Sarah BRUNDU 0:16:55

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 50  | 00:08:56 |          | 227m | 39'21"/km |
| 2.  | 44  | 00:03:56 | 00:12:52 |      |           |
| 3.  | 45  | 00:01:42 | 00:14:34 | 51m  | 33'20"/km |
| 4.  | 46  | 00:01:02 | 00:15:36 | 102m | 10'08"/km |
| 5.  | 58  | 00:00:49 | 00:16:25 | 106m | 7'42"/km  |
| 6.  | 49  | 00:01:43 | 00:18:08 | 174m | 9'52"/km  |
| 7.  | 65  | 00:00:48 | 00:18:56 | 89m  | 8'59"/km  |
| 8.  | 32  | 00:01:54 | 00:20:50 | 179m | 10'37"/km |
| 9.  | 51  | 00:01:25 | 00:22:15 | 167m | 8'29"/km  |
| 10. | 47  | 00:03:35 | 00:25:50 | 215m | 16'40"/km |
| 11. | 54  | 00:01:23 | 00:27:13 | 158m | 8'45"/km  |
| 12. | 74  | 00:00:54 | 00:28:07 | 105m | 8'34"/km  |
| 13. | 78  | 00:00:30 | 00:28:37 | 47m  | 10'38"/km |
| 14. | 99  | 00:00:48 | 00:29:25 | 86m  | 9'18"/km  |
| 15. | 999 | 00:00:29 | 00:29:54 | 48m  | 10'04"/km |

HELGA



Orienteering Software