



Championnat Régional IDF de CO Sprint 2024

Cergy-Pontoise 16.6.2024

CD CO 95 Val d'Oise

Coralie POULAIN

7707IF OPA MONTIGNY

Circuit : Dames 18-20

Distance : 2300m (Dénivelé 30m)

Temps : 0:20:47 (9'02"/km)

2/7

O.K.

[Résultats complets sur Webres](#)

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|------------------------|---------|
| 1. Sonia JOLLY-JANSSON | 0:16:17 |
| 3. Amandine SIBIRIL | 0:22:24 |

1.	32	00:01:03		244m	4'18"/km
2.	56	00:00:41	00:01:44	110m	6'13"/km
3.	64	00:00:46	00:02:30	97m	7'54"/km
4.	58	00:00:54	00:03:24	112m	8'02"/km
5.	59	00:01:23	00:04:47	66m	20'58"/km
6.	60	00:00:53	00:05:40	92m	9'36"/km
7.	73	00:00:50	00:06:30	105m	7'56"/km
8.	66	00:01:43	00:08:13	142m	12'05"/km
9.	49	00:01:38	00:09:51	131m	12'28"/km
10.	43	00:01:06	00:10:57	102m	10'47"/km
11.	65	00:00:18	00:11:15	35m	8'34"/km
12.	76	00:00:57	00:12:12	65m	14'37"/km
13.	50	00:01:40	00:13:52	162m	10'17"/km
14.	40	00:01:43	00:15:35	235m	7'18"/km
15.	47	00:01:02	00:16:37	92m	11'14"/km
16.	54	00:01:25	00:18:02	158m	8'58"/km
17.	74	00:00:48	00:18:50	105m	7'37"/km
18.	55	00:00:52	00:19:42	89m	9'44"/km
19.	99	00:00:41	00:20:23	112m	6'06"/km
20.	999	00:00:24	00:20:47	48m	8'20"/km

Orienteering Software