



TRAIL RUN - F5 - ETAPA 2
MACEIÓ - AL 16.6.2024
TRAIL RUN F5

RITA LIMA

MUTUM

Omloop : Pro Solo Feminino 50-59 anos

Afstand : 11600m (Hoogteverschil 240m)

Tijd : 1:24:02 (7'15"/km)

3/4

O.K.

[Volledige uitslagen op Webres](#)

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|---------------------|---------|
| 1. LUZIA NASCIMENTO | 1:19:25 |
| 2. Adeilda Ângelo | 1:23:48 |

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|----|----|----------|----------|-------|----------|-----------------------------|
| 1. | 71 | 00:28:32 | | 3500m | 8'09"/km | TRILHA PRO |
| 2. | 73 | 00:30:03 | 00:58:35 | 3950m | 7'36"/km | RETORNO TRILHA |
| 3. | 70 | 00:25:27 | 01:24:02 | 3970m | 6'25"/km | CHEGADA - RETORNO CHALLENGE |

HELGA



Orienteering Software