



TRAIL RUN - F5 - ETAPA 2

MACEIÓ - AL 16.6.2024

TRAIL RUN F5

LUZIA NASCIMENTO

MUTUM

Course : Pro Solo Feminino 50-59 anos

Distance : 11600m (Climbing 240m)

Time : 1:19:25 (6'51"/km)

1/4

O.K.

[Full result on Webres](#)

2. Adeilda Ângelo	1:23:48
3. RITA LIMA	1:24:02

1.	71	00:23:07		3500m	6'36"/km	TRILHA PRO
2.	73	00:27:03	00:50:10	3950m	6'51"/km	RETORNO TRILHA
3.	70	00:29:15	01:19:25	3970m	7'22"/km	CHEGADA - RETORNO CHALLENGE

HELGA



Orienteering Software