



TRAIL RUN - F5 - ETAPA 2
MACEIÓ - AL 16.6.2024
TRAIL RUN F5

Rafael Nascimento Oliveira

Sem equipe

Course : Fast Solo Masculino 30-39 anos

Distance : 6500m (Climbing 100m)

Time : 1:00:41 (9'20"/km)

15/24

O.K.

[Full result on Webres](#)

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|---|---------|
| 1. Daniel Amaro | 0:38:59 |
| 2. MARCOS MENDONÇA | 0:39:20 |
| 3. José Joaquím Silva Leite Silva Leite | 0:43:21 |

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|----|----|----------|----------|-------|-----------|-----------------------------|
| 1. | 72 | 00:14:26 | | 2000m | 7'13"/km | TRILHA FAST |
| 2. | 73 | 00:19:21 | 00:33:47 | 1900m | 10'11"/km | RETORNO TRILHA |
| 3. | 70 | 00:26:54 | 01:00:41 | 3970m | 6'47"/km | CHEGADA - RETORNO CHALLENGE |

HELGA



Orienteering Software