



TRAIL RUN - F5 - ETAPA 2
MACEIÓ - AL 16.6.2024
TRAIL RUN F5

Marlene Alexandre De Lira Alexandre

SUPERAÇÃO RUNNER

Course : Fast Solo Feminino 60-69 anos

Distance : 6500m (Climbing 100m)

Time : 0:52:13 (8'02"/km)

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O.K.

[Full result on Webres](#)

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|------------------------------------|---------|
| 1. ROSINHA | 1:01:55 |
| 2. Maria Do Carmo De Lima | 1:07:49 |
| 3. Joselia Costa Alves Costa Alves | 1:14:46 |

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|----|----|----------|----------|-------|----------|-----------------------------|
| 1. | 72 | 00:12:21 | | 2000m | 6'10"/km | TRILHA FAST |
| 2. | 73 | 00:15:49 | 00:28:10 | 1900m | 8'19"/km | RETORNO TRILHA |
| 3. | 70 | 00:24:03 | 00:52:13 | 3970m | 6'03"/km | CHEGADA - RETORNO CHALLENGE |

HELGA



Orienteering Software