



TRAIL RUN - F5 - ETAPA 2

MACEIÓ - AL 16.6.2024

TRAIL RUN F5

Flavio Alexandre

Sem equipe

Course : Pro Solo Masculino

Distance : 11600m (Climbing 240m)

Time : 1:00:40 (5'14"/km)

13/43

O.K.

[Full result on Webres](#)

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|--------------------------------|---------|
| 1. Igor Da Silva | 0:49:00 |
| 2. Laercio Alves Do Nascimento | 0:49:56 |
| 3. Jederson Barros | 0:50:13 |

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|----|----|----------|----------|-------|----------|-----------------------------|
| 1. | 71 | 00:19:48 | | 3500m | 5'39"/km | TRILHA PRO |
| 2. | 73 | 00:21:24 | 00:41:12 | 3950m | 5'25"/km | RETORNO TRILHA |
| 3. | 70 | 00:19:28 | 01:00:40 | 3970m | 4'54"/km | CHEGADA - RETORNO CHALLENGE |

HELGA



Orienteering Software