



TRAIL RUN - F5 - ETAPA 2

MACEIÓ - AL 16.6.2024

TRAIL RUN F5

Silmara Farias

Inspire

Course : Fast Solo Feminino

Distance : 6500m (Climbing 100m)

Time : 1:28:51 (13'40"/km)

54/73

O.K.

[Full result on Webres](#)

1. Ranubia Maria Da Silva Paz 0:38:04
2. Marlene Alexandre De Lira Alexandre 0:52:13
3. Maria Regina Batista De Oliveira 0:52:59

1.	72	00:19:10		2000m	9'35"/km	TRILHA FAST
2.	73	00:27:56	00:47:06	1900m	14'42"/km	RETORNO TRILHA
3.	70	00:41:45	01:28:51	3970m	10'31"/km	CHEGADA - RETORNO CHALLENGE

HELGA



Orienteering Software