

Régionale 5 couleurs Spaloumont 16.6.2024 Hermathenae

Nathalie GRANDJEAN

Hermathenae

Omloop : Rouge

Afstand : 5090m (Hoogteverschil 100m)

Tijd : 3:00:17 (35'25"/km)

30/30

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Jonathan GROSDENT | 0:54:06 |
| 2. Astrid KUPPER | 0:56:22 |
| 3. Helmut WOLLGARTEN | 1:00:37 |

1.	111	00:11:07		390m	28'30"/km
2.	118	00:18:05	00:29:12	571m	31'40"/km
3.	121	00:06:22	00:35:34	353m	18'02"/km
4.	123	00:11:19	00:46:53	453m	24'59"/km
5.	126	00:08:56	00:55:49	368m	24'17"/km
6.	114	00:04:42	01:00:31	201m	23'23"/km
7.	141	00:26:48	01:27:19	483m	55'29"/km
8.	138	00:17:27	01:44:46	264m	66'06"/km
9.	136	00:06:11	01:50:57	283m	21'51"/km
10.	135	00:11:36	02:02:33	382m	30'22"/km
11.	132	00:10:53	02:13:26	395m	27'33"/km
12.	137	00:42:03	02:55:29	573m	73'23"/km
13.	90	00:03:28	02:58:57	201m	17'15"/km
14.	999	00:01:20	03:00:17	118m	11'18"/km

HELGA

Orienteering Software